

Summary of ASCA Certification levels

International Certification as :

	Performance Coach					Career Development Coach					Education Pathway				
	International (Senior/Age Group) Coach					Education and Experience/ Development					Education and Experience/ Development				
	Level 1	Level 2	Level 3	Level 4	Level 5	Level 1	Level 2	Level 3	Level 4	Level 5	Level 1	Level 2	Level 3	Level 4	Level 5
<b>Administration Criteria</b>															
Be a paid member of ASCA	✓	✓	✓	✓	✓			✓	✓				✓	✓	✓
Submit Certification Application	✓	✓	✓	✓	✓			✓	✓				✓	✓	✓
<b>Education Criteria</b>															
Level 1 School (Foundations) Completed	✓	✓	✓	✓	✓			✓	✓				✓	✓	✓
Level 1 School test passed with 85%	✓	✓	✓	✓	✓			✓	✓				✓	✓	✓
Level 2 School (Strokes) Completed		✓	✓	✓	✓			✓	✓				✓	✓	✓
Level 2 School test passed with 85%		✓	✓	✓	✓			✓	✓				✓	✓	✓
Level 3 School (Physiology) Completed			✓	✓	✓			✓	✓				✓	✓	✓
Level 3 School test passed with 85%			✓	✓	✓			✓	✓				✓	✓	✓
Level 4 School (Leadership) Completed				✓	✓			✓	✓				✓	✓	✓
Level 4 School test passed with 85%				✓	✓			✓	✓				✓	✓	✓
Level 5 School (Administration) Completed					✓			✓	✓				✓	✓	✓
Level 5 School test passed with 85%					✓			✓	✓				✓	✓	✓
3 Continuing Education/Enrichment Courses													✓		
4 Continuing Education/Enrichment Courses														✓	
5 Continuing Education/Enrichment Courses															✓
<b>Experience Criteria</b>															
Education and Experience evaluation form CV	✓	✓	✓	✓	✓			✓	✓				✓	✓	✓
6 months Coaching experience		✓													
10 years (120 months) Active coaching								✓							
15 years (180 months) Active coaching								✓	✓						
time must have been spent in a multilevel system								✓	✓						
Head Coach must support your application with a letter								✓	✓						
<b>Performance Criteria (see notes below)</b>															
Submit "Proof of Primary Coach" letter			✓	✓	✓										
One swimmer Achieving times on Level 3 International List			✓												
One swimmer Achieving times on Level 4 International List				✓											
One swimmer Achieving times on Level 5 International List					✓										

Please find our International Time Standards at:  
<https://swimmingcoach.org/certification/international-certification/>

**Notes on submission of times of swimmers**

- executed 90% of the training of an athlete during the year (12 months) previous to the athlete's time achievement
- Official meet results with cover page / title header or Official local country Federation rankings
- only times done in 50-meter long course pools
- The event and time
- Age of the swimmer
- Male or female